

# THE 2026 NEW YEAR KICKOFF SUMMIT

Where Key Market Players set the tone for driving peak performance in the New Year.

## THEME

**UNLEASH: Unlock New Levels of Excellence & Achieve Spectacular Heights**

Saturday 17th January, 2026 | 10:00am (WAT) | Hybrid

## Pre-Summit Workbook

Dr. Abiola Salami

Worldclass Performance Strategist

<<< | >>>  
2025 | 2026

## THE NEW YEAR KICKOFF SUMMIT

# Executive Summary

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The 2026 New Year Kickoff Workbook is a comprehensive productivity tool designed to guide professionals, entrepreneurs, and leaders in assessing their accomplishments and challenges from 2025, while laying out a clear, actionable roadmap for success in 2026.

This workbook provides a structured approach to help you identify areas for growth, set meaningful goals, and develop strategic action plans to achieve peak performance in 2026.

### **Key Components of the Workbook:**

#### **A. Reflection & Appraisal of the Current Year**

The workbook begins with a thorough appraisal section, allowing you to reflect on both achievements and setbacks across various aspects of your life, including career, personal growth, finances, and relationships. This self-assessment encourages an honest evaluation of strengths, areas for improvement, and key lessons learned, forming a foundation for forward planning.

#### **B. Goal-Setting Framework for the New Year**

Following the reflection section, the workbook introduces a step-by-step goal-setting framework based on the SMART (Specific, Measurable, Achievable, Relevant, Time-bound) criteria. This helps you prioritize meaningful goals that align with their long-term vision and values. By focusing on achievable milestones, you are empowered to create realistic and motivating objectives for 2026.

<<< >>>  
2025 2026

## THE NEW YEAR KICKOFF SUMMIT

### **C. Productivity & Habit-Building Tools**

To support goal achievement, the workbook includes productivity strategies and habit-forming exercises designed to foster consistency. These tools guide you in building effective routines, tracking daily progress, and overcoming procrastination—key aspects of sustaining high performance and work-life balance.

### **D. Quarterly & Monthly Planning Templates**

Recognizing that sustained progress requires ongoing planning, the workbook offers quarterly and monthly templates for mapping out tasks, monitoring milestones, and adjusting plans as needed. This structure keeps you accountable and adaptable, allowing for regular check-ins and proactive course corrections throughout the year.

### **E. Mindset & Motivation Boosters**

The workbook incorporates mindset exercises to strengthen resilience, including prompts for cultivating a positive outlook, overcoming self-doubt, and celebrating small wins. These critical tools are designed to keep you energized and committed to your personal and professional development.

### **Value Proposition**

The New Year Kickoff Workbook serves as a practical, empowering resource for anyone looking to maximize their potential in the coming year. By integrating goal-setting, productivity strategies, and reflective practices, it equips you with the clarity and discipline needed to achieve impactful, lasting growth. This workbook is ideal for high achievers who seek structured guidance in navigating their personal and professional journeys, and for those committed to making the next year their best yet.

# <<< 2025

## **A. Reflection & Appraisal**

# 2025 Reflection & Appraisal

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## REVIEW YOUR CALENDAR

Review your last year calendar week by week. If you find an important event, family gathering, friendly get-together or a significant project, write it down here.



# 2025 Reflection & Appraisal

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## THIS IS WHAT MY 2025 WAS

**ABOUT** Looking at the areas below, ask yourself what the significant events in each of them were. You can write out your answers in the boxes provided

### PERSONAL LIFE, FAMILY

### CAREER, STUDIES

### FRIENDS, COMMUNITY

### RELAXATION, HOBBIES, CREATIVITY

### PHYSICAL HEALTH FITNESS

### MENTAL HEALTH, SELF-KNOWLEDGE

### \*HABITS THAT DEFINE YOU

### \*\*COMMUNITY CONTRIBUTION

\*A routine behavior repeated regularly and tends to occur subconsciously

\*\*The things you did to make the world a better place

# 2025 Reflection & Appraisal

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## SEVEN SENTENCES ABOUT 2025

My biggest improvement for the year

My biggest lesson for the year

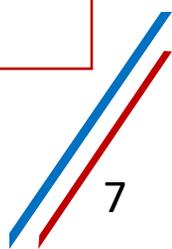
My biggest risk for the year

My biggest surprise for the year

My most important contribution to others

The biggest thing I completed

My wisest decision for the year



# 2025 Reflection & Appraisal

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## SEVEN SENTENCES ABOUT 2025

This is what I am most grateful for

This is the most significant thing I discovered about myself

This is what I am most proud of this year

This is what I couldn't accomplish this year

These are the 3 people who influenced me the most

These are the 3 people I influenced the most

These are the 3 new people

# 2025 Reflection & Appraisal

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## THE GREATEST MOMENTS

Describe the best and most memorable, fulfilling moments from 2024. How did you feel? Who shared the moments with you? What were you doing? What kind of smells, sights, sounds, tastes and feelings can you recall?



# 2025 Reflection & Appraisal

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## MY THREE GREATEST ACHIEVEMENTS

Here are my 3 greatest achievement from 2024

Here is what I did to achieve them

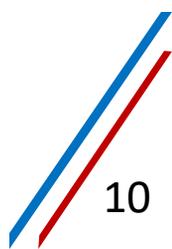
These people helped me achieve the successes. And here is how they helped me.

## MY THREE GREATEST CHALLENGES

Here are my 3 greatest challenges from 2024

These are the people who helped me overcome these challenges

Here is what I learnt about myself in overcoming these challenges



# 2025 Reflection & Appraisal

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## **FORGIVE YOURSELF**

What happened in 2025 that still needs to be forgiven? What actions or words that made you feel bad in 2025? Are you angry with yourself? Write them all down.

NB: Forgiving yourself is the beginning of wisdom

# 2025 Reflection & Appraisal

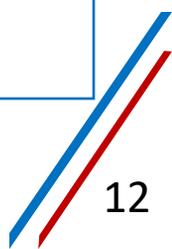
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## LET GO AND MOVE UP

Are there other things you need to say? Are there things you should let go of before you can start 2025?

Write them here, then think about them and let them all go.

A large empty rectangular box with a blue border, intended for writing reflections and appraisals. A faint watermark of the event logo is visible in the center of the box.



# 2025 Reflection & Appraisal

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## 2025 IN THREE WORDS

Write three words to define your past year

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## MY BOOK FOR 2025

If a book or movie was made about my past year, the title will be:

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## GOODBYE 2025

Guide: If there is anything else left that you would like to write down, or anybody you would like to say goodbye to, do it now

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THE 2026 NEW YEAR  
**KICKOFF SUMMIT**

Where Key Market Leaders Set The Tone For Driving Peak Performance In The New Year.

# UNLEASH

UNLOCK NEW LEVELS OF EXCELLENCE & ACHIEVE SPECTACULAR HEIGHTS

**Saturday 17th January, 2026 | 10am (WAT) | Hybrid**

VISIT

[www.kickoffsummit.com](http://www.kickoffsummit.com)

TO JOIN THE WAITLIST



CHAMP

# MADE 4 MORE

## Accelerator Program

For Emerging Leaders, professionals,  
Entrepreneurs & Civil Servants

### SCHEDULE FOR 2026

#### MADE4MORE COHORT 6

18th - 20th February 2026

#### MADE4MORE COHORT 7

20th - 22nd May 2026

#### MADE4MORE COHORT 8

12th - 14th August 2026

#### MADE4MORE COHORT 9

20th - 22nd October 2026

Visit - [www.abiolachamp.com/made4more/](http://www.abiolachamp.com/made4more/)



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Accelerator Program

THE NEW YEAR  
KICKOFF  
SUMMIT

# The Peak Performer East Africa Summit 2026

24th - 26th April, 2026

## **EMERGING LEADERS SUMMIT**

**GRIT:** How Young Leaders Can Drive Accountability & Ownership with 21st Century Intelligence

## **WOMEN IN LEADERSHIP SUMMIT**

**No More Shrinking:** How Women Can Drive Innovation & Market Growth with 21st Century Intelligence

## **CEO FORUM**

**TITLE:** How Senior Leaders Can Tame the Emotional Cost of Leadership with 21st Century Intelligence

DR ABIOLA SALAMI INTERNATIONAL LEADERSHIP BOOTCAMP 5.0

# MOMBASA 2026

*May 3rd - 9th*

An opportunity for senior leaders to reflect, re-strategize, rejuvenate and upskill

**\$12,500 per participant**

(This includes premium experience, high quality training materials, daily relaxation schedule and full day luxury beach tour.)

Contact us on

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**CHAMP**

DR. ABIOLA SALAMI  
INTERNATIONAL  
LEADERSHIP  
BOOTCAMP

# TPP FEST 2026

**24TH & 25TH  
JUNE 2026**

**EMERGING LEADERS' SUMMIT**

**WOMEN IN LEADERSHIP DINNER**

**CEO FORUM**

**TPP AWARDS**



For enquiries:

[team@tppafrica.com](mailto:team@tppafrica.com) | +234 702 666 8008



*...a career and enterprise workshop for Young Africans*

# EMERGE 2026

A CAREER AND ENTERPRISE GROWTH WORKSHOP  
FOR YOUNG AFRICANS

DATE & TIME

AUGUST 19TH, 2026 | 9AM  
LAGOS, NIGERIA





# THE PEAK PERFORMING WOMAN OF THE YEAR

**FRIDAY 20TH  
NOVEMBER, 2026**

For enquiries:

[team@tppafrica.com](mailto:team@tppafrica.com) | +234 702 666 8008





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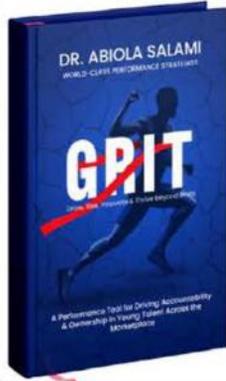
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# THE CORPORATE PERFORMANCE SOLUTIONS

## 5 Leadership Solutions. One High-Performing Workforce.

In today's volatile, high-pressure business landscape, organisations need emotionally intelligent, resilient, and self-aware leaders at every level. Dr. Abiola Salami has designed these 5 strategic interventions for teams, executives, and future leaders.

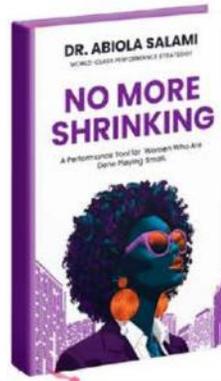


### GRIT

Equip your early-career talent with the mental stamina, focus, and emotional discipline required to stay committed, consistent, and productive — even under pressure.

#### Key Organisational Outcomes:

- Reduced turnover among emerging leaders
- Improved focus, productivity & resilience
- A stronger leadership pipeline



### NO MORE SHRINKING

A transformational resource for female professionals who need the tools, language, and confidence to lead visibly without self-doubt or fear.

#### Key Organisational Outcomes:

- More confident women in leadership roles
- Stronger inclusion & gender diversity metrics
- Reduced imposter syndrome in mid- to senior-level staff



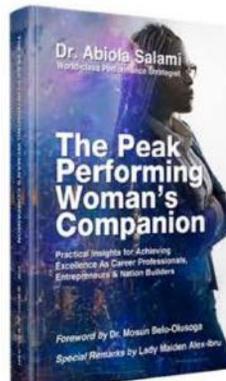
### T.I.T.L.E.

Taming the Invisible Toll of Leadership & Expectations

A powerful guide for senior executives carrying emotional and strategic pressure. Helps leaders maintain clarity, balance, and peak performance without burning out.

#### Key Organisational Outcomes:

- Emotionally intelligent decision-making
- Sustainable executive performance
- Reduced leadership fatigue & silent disengagement.

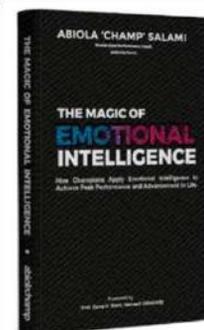


### THE PEAK PERFORMING WOMAN'S COMPANION

A strategic empowerment tool designed to help women navigate workplace pressures, build executive presence, and consistently deliver high-impact performance.

#### Key Organisational Outcomes:

- Greater visibility and advancement of high-potential female talent
- Stronger retention of mid-career women on the leadership pipeline
- Enhanced confidence, clarity, and performance among female professionals.



### THE MAGIC OF EMOTIONAL INTELLIGENCE

A practical guide that equips professionals and leaders with the emotional clarity, self-awareness, and relational intelligence needed to perform, collaborate, and make decisions at the highest level.

#### Key Organisational Outcomes:

- More emotionally intelligent leaders who make better decisions under pressure
- Stronger team collaboration with reduced conflict and friction
- Lower workplace stress and burnout across departments

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